# Te Whatu Ora

# **Health New Zealand**

# Whanganui

# **POSITION DESCRIPTION**



Team	Stanford House Extended Term Regional Medium Secure Forensic Service
Position Title	Clinical psychologist
Reports to	Clinical nurse manager
Role Summary	Your position works principally within the department or service specified above, however you may be required to undertake duties in other areas of the organisation which promote the efficient and effective operation of Te Whatu Ora - Whanganui which reasonably fall within the general parameters of this position.
Purpose of the Position	This position will provide specialist clinical psychology services to service users/tangata whaiora and their family and whanau in the Extended Term Regional Medium Secure Forensic Service working in partnership with the multidisciplinary team (MDT) and the regional forensic service. The position provides psychological assessments, therapy based interventions, and evaluation to support people in their recovery to achieve wellbeing.

Direct Reports	■ Nil
Delegated Authorities	Financial
	■ Nil
	Staff
	■ Nil

# Te Whatu Ora **Health New Zealand**

Whanganui



# Ngā Moemoeā Me Ngā Tino Whāinga **Our Vision and Mission**

### **Our Vision**

He Hapori Ora - Thriving Communities

People in the Whanganui District rohe live their healthiest lives possible in thriving communities

#### **Our mission**

Kia tāea e te whānau me te hapori i tōna ake tino rangatiratanga

Together we build resilient communities, empowering whanau and individuals to determine their own wellbeing

# Ngā Uaratanga Our Values

The value of love, respect and empathy, demonstrating compassionate and non-judgemental relationships

Closely interlinked with:

Rangimārie

Humility, maintaining composure, peace, accountability and responsibility

Life's essence and balance

## Kotahitanga

The value of unity and vision sharing where we demonstrate trust and collaboration

Closely interlinked with:

Whanaungatanga

Spiritual wellness, relationships, beliefs, knowing who you are and what to do

Mana tangata

Dignity, respect, protections, safety and acceptance.

### Manaakitanga

The value of respect, support and caring where we demonstrate doing our very best for others

Closely interlinked with:

Kaitiakitanga

Protection, maintaining values and taking care of people and things

Tikanga Māori

Guiding protocols and principles for how we do things

### Tino Rangatiratanga

The value of self-determination where we empower individual/whānau choice

Closely interlinked with:

Wairuatanga

Spiritual wellness, relationships and beliefs

Whakapapa

Whānau-centred approach which achieves equity in health outcomes for Māori

# **ORGANISATION ACCOUNTABILITIES**

Key Area of Responsibility	Expected Outcomes		
Te Tiriti O Waitangi	Te Whatu Ora - Whanganui is committed to honouring our obligations and responsibilities under Te Tiriti o Waitangi.		
	The following principles provide the guidance for how we set out to achieve Māori health improvement and equity.		
	This means that we:  Tino rangatiratanga: Provide for Māori self- determination and mana motuhake in the design, delivery and monitoring of health and disability services.  Equity: Commit to	This means that you:     are able to demonstrate an understanding of Te Tiriti o Waitangi     are committed to Te Tiriti O Waitangi principles     are committed to delivering effective and equitable healthcare to support Māori individuals and their whānau	
	achieving equitable health outcomes for Māori.	to meet their needs and aspirations.	
	<ul> <li>Active protection: Act to the fullest extent practicable to achieve equitable health outcomes for Māori. This includes ensuring that the Crown, its agents and its</li> </ul>	<ul> <li>are committed to working in partnership and supporting initiatives that meet the health needs and aspirations of Māori individuals and whānau.</li> </ul>	
	Treaty partner under Te Tiriti are well informed on the extent, and nature, of both Māori health outcomes and efforts to achieve Māori health equity.	<ul> <li>will have insights into your own cultural awareness and an understanding of how your social-cultural influences inform biases that impact on your interactions</li> </ul>	
	• Options: Provide for and properly resource kaupapa Māori health and disability services. Furthermore, the Crown is obliged to ensure that all health and disability services are provided in a culturally appropriate way that recognises and supports the expression of hauora Māori models of care.	with Māori, individuals, whānau, and colleagues.  • will ensure that where there is an inherent power imbalance it is not exacerbated by overlaying your own cultural values and practices on Māori, individuals, whānau, and colleagues.	
	<ul> <li>Partnership: Work in partnership with Māori in the governance, design, delivery and monitoring of health and</li> </ul>		

	disability services.		
Pro-Equity	Te Whatu Ora - Whanganui is committed to achieving equity of health outcomes, across all population groups, with a view of eliminating disparity, particularly for Māori.		
	We are going beyond the language of 'equity', to be 'proequity'.		
	This means that we: <ul> <li>have an organisation and region-wide goal of health equity</li> <li>are putting systems and</li> </ul>	This means that you:     ensure equity is considered and demonstrated in activities, in planning, in processes, in professional development	
	processes in place to support our health equity goal	and in outcomes.  are committed to continuous quality	
	work across the wider determinants of health	improvement processes that focus on achieving health equity.	
	<ul> <li>have a robust understanding of the drivers of inequities</li> </ul>		
	<ul> <li>work in partnership with Iwi and Iwi health provider organisations across the district, starting with the Iwi Partnership Board.</li> </ul>		
	<ul> <li>actively grow the Māori workforce and strengthen and enable Māori leadership in health</li> </ul>		
Whānau Ora	Te Whatu Ora - Whanganui is committed to whānau ora as a fundamental philosophy for creating strong, healthy and empowered whānau.		
	We ensure our health care and approaches place people and their whānau at the centre of everything we do with and for them.		
	This means that we:	This means that you:	
	<ul> <li>support and empower individuals and whānau to determine their own</li> </ul>	<ul> <li>are able to articulate whānau ora in practice, specific to your position</li> </ul>	
	wellbeing - are committed to working in authentic partnership with other health care providers,	<ul> <li>are able to demonstrate an understanding and awareness of Māori culture, practices and protocols</li> </ul>	

# **ROLE ACCOUNTABILITIES**

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Clinical psychologist	This role is primarily accountable for:		
	<ul> <li>Maintaining professional responsibilities and relationships</li> <li>Management of professional practice</li> </ul>		
	•	care and quality improvement	
	•	· · · ·	
	<ul> <li>Health and Safety in employment</li> <li>A set of performance objectives will be agreed annually</li> </ul>		
	between your manager and yourself reflecting applicable		
	strategic and operational amb	-	
Key Area of Responsibility	Expected Outcomes		
Key Accountabilities	Tasks	Performance Indicators	
(Key areas of your focus)	(How you achieve)	(How you will be measured)	
Professional responsibility	Be accountable for your practice in accordance with the organisational expectations and professional competencies and Code of Conduct  Demonstrates the ability to apply the principles of the Treaty of Waitangi/Te Tiriti o Waitangi to clinical practice  Practises in a manner that the service user/tangata	knowledge, judgment and accountability for own actions and decisions, while promoting an environment that maximises service user/tangata whaiora safety, independence, quality of life and health as evidenced through individual performance reviews with clinical nurse manager. Professional recognition must be current through professional registration	
	whaiora and their family/whanau determine as being culturally safe  Demonstrates accountability for directing, monitoring and evaluating clinical care that is provided by the clinician, registered and enrolled nurses, students and others	Uses clinical knowledge and experience to facilitate the best outcomes for people through a range of therapeutic assessment and interventions of interventions with service user/tangata whaiora	

Promotes an environment that enables service user/tangata whaiora and their family/whanau to be involved with the recovery care planning process and that a range of helpful options are explored

All updates/changes to clinical care plans are documented within the electronic patient record system as soon as possible after the event

To ensure that clinical care is conducted in accordance with the Articles contained in the Treaty of Waitangi/Te Tiriti o Waitangi to nursing or allied practice

Recognises and respects the uniqueness of all cultures and safely meets their needs, expectations and rights

Evidence that the service user/tangata whaiora and their family/whanau are involved in partnership with the recovery care planning process and that a range of helpful options are explored

All changes to clinical care is current within the electronic patient record system

Documentation meets organisational expectations

# **Professional relationships**

Establishes, maintains and concludes therapeutic professional relationships with the service user/tangata whaiora and their family/whanau whilst working within the Te Whatu Ora Whanganui policies

Establishes an appropriate and purposeful negotiated partnership with the service user/tangata whaiora and their family/whanau

Communicates effectively with the service user/tangata whaiora, their family/whanau and members of the health care team

Provides evidence through the supervision and individual performance review and documentation processes, which identifies effective professional skills and therapeutic communication with the service user/tangata whaiora and their family/whanau

Ensures appropriate consent is gained to enable effective communication with family/whanau and service providers

Ensures the service user/tangata whaiora, their family/ whanau is aware of the therapeutic expectations

Meets with key health professionals as evidenced in meeting minutes and other relevant documentation

# Management of professional practice

Undertakes comprehensive and accurate psychological assessment of service user/tangata whaiora in a variety of community settings as deemed appropriate for this position

Provides planned psychological interventions to achieve identified outcomes

Ensures documentation is accurate and maintains confidentiality of information

Provides the service user/tangata whaiora and their family/whanau with explanation of the effects, consequences and alternatives of proposed treatment and therapeutic intervention options

Acts appropriately to protect oneself and others when faced with unexpected service user/tangata whaiora responses, confrontation, personal threat or other crisis situations

Evaluates the service user/tangata whaiora progress toward expected outcomes in partnership with the service user/tangata whaiora and their family/whanau

Provides health education appropriate to the needs of the service user/tangata whaiora and their family/whanau within a psychology framework

Reflects upon and evaluates with peers and experienced

Ensures psychological assessments are supported by the knowledge and evidence based research as evidenced through the individual performance reviews and **Professional** Practice Competency (PPC)

Is able to demonstrate competence in psychology practice related to the service user/tangata whaiora assessment and interventions. Ensures these interventions are appropriate and responsive to the service user/tangata whaiora needs

Hard copy and all electronic patient management systems are up to date

Relevant HoNOS / HoNOS Secure, care plans, behavioural support plans, Risk Assessments and Relapse Prevention plans are all current

Can evidence the provision of information and research documentation on models of treatment, medications and established therapies

Attends de escalation training as appropriate

Ensures she/he does not work beyond their scope of practice

Psychologist works in partnership with service user/tangata whaiora to implement a course of action for outcomes based on agreed treatment plan

Attention is given to matters in

psychologist the relation to early intervention, effectiveness of the maintenance of health. professional psychologist relapse prevention and standards of practice promotion of good health Receives supervision in Demonstrates knowledge of accordance with the resources. services and organisational policies and opportunities to meet service Psychology Professional user/tangata whaiora needs Advisor Able to consolidate knowledge Maintains own professional and skills for effective care development and support and is able to establish own performance Contributes to research standards To assist in the provision of Participates regularly in and quality clinical psychology records supervision into clinical services being provided at Stanford House **Participates** in mandatory professional training and To improve or maintain the development programmes as service users/tangata identified in the annual whaiora self-understanding performance agreement and ability to function safely and appropriately in their Critiques, participates or does environment research that contributes to the knowledge grow in forensic/community health and or psychology Psychologist plan has and implements with the service user/tangata whaiora, course of action for outcomes based on agreed treatment plan health Collaborates and participates Inter-professional healthcare Inter-professional care and quality with colleagues and and quality improvement members of the health care which is evidenced through improvement team to facilitate and the individual performance coordinate care reviews and demonstrates an ability to evaluate the effectiveness of care Recognises and values the and roles skills of and promote psychological members of the MDT in the perspective within the interdelivery of care professional activities of the team Participates in quality Timely and accurate report improvement activities to

	monitor and improve services provided	completion for the MDT and Special Patient Review Panel
		Attends and reports back to Stanford House MDT meetings and six-monthly special patient reviews
		Demonstrates the ability to evaluate the effectiveness of care and promote a multi-disciplinary perspective within the team
		Demonstrates a commitment to continuous quality improvement through interaction with service users/tangata whaiora and their family/whanau and key stakeholders
Wellbeing, Health and Safety		Completed the Te Whatu Ora Whanganui Health and Safety Orientation Course and updates
		Attendance at workplace safety meetings (indicated by minutes)
		Demonstrated by signed
	J	Active Involvement in, and completion of, rehabilitation programmes as required
		Timely, full and accurate completion of accident and hazard forms if and when required

# **ROLE CAPABILITY & QUALITIES**

My Capability & Personal Qualities	To be effective and succeed in this role it is expected that you will have the following proven capabilities		
	<ul> <li>Registration as a psychologist (clinical scope) with the New Zealand Psychologist Board and a current annua practicing certificate</li> </ul>		

- computer literacy and experience working with/understanding of MS Word, Excel, Outlook, relevant tools and social medi
- pragmatic sound judgement, and curious nature
- proactively investigates new perspectives, approaches, and behaviors, and takes steps to evaluate and improve performance
- outstanding people and relationship skills
- ability to build rapport quickly; networking to maintain and develop effective working relationships
- uses verbal and written communication skills effectively, listens actively and shares relevant information
- builds a logical approach to address problems or opportunities or manage the situation at hand by drawing on own knowledge and experience base and calling on other references and resources as necessary
- makes the best use of time available, allocating the right time to the right activities, assigning priorities to tasks based on an understanding of importance and urgency requirements
- accepts full responsibility for self and contribution as a team member; displays honesty and truthfulness; confronts problems quickly; displays a strong commitment to organisational success
- takes responsibility for the consequences of own actions, decisions and behaviour and not shifting focus on blame or poor performance somewhere else or on others
- uses initiative to identify what needs to be done and takes action to achieve standards of excellence beyond job expectations
- helping or serving others, to meet their needs and is dedicated to meeting and exceeding the expectations and requirements of customers, patients and visitors. It means focusing on discovering those needs and figuring out how to best meet them.
- works effectively in partnership with others, maintaining a positive open and objective attitude towards others in achieving objectives
- actively addresses conflicts by focussing on the issues

- at hand to develop effective solutions when disputes or disagreements occur
- demonstrates an open-minded approach to understanding people regardless of their gender, age, race, national origin, religion, ethnicity, disability status, or other characteristics; treats all people fairly and consistently; effectively works with people from diverse backgrounds by treating them with dignity and respect
- commitment to the Treaty of Waitangi and Whānau Ora principles
- a valid driver's license
- forensic clinical psychology and rehabilitation experiences desirable but not mandatory

### **ROLE RELATIONSHIPS**

# My Relationships nurture

to

It is the responsibility of each Te Whatu Ora employee to establish and maintain positive, healthy, collaborative and constructive partnerships with leaders, managers, clinicians, support staff and administrators and relevant external networks; stay abreast of, and contribute to local, regional and national health care activities and initiatives

and national health care activities and initiatives.			
Internal	External		
<ul> <li>Clinical nurse manager Stanford House</li> </ul>	<ul> <li>Service user/tangata whaiora and their</li> </ul>		
<ul> <li>Clinical coordinator Stanford House</li> </ul>	family/whanau  Primary care providers		
	<ul><li>Primary care providers</li></ul>		
<ul> <li>Registered and non- registered staff Stanford</li> </ul>	<ul><li>External community agencies/NGO's</li></ul>		
House	<ul> <li>Regional forensic mental</li> </ul>		
<ul> <li>Director of Area Mental Health Services (DAMHS)</li> </ul>	health services		

### **ROLE WELLBEING, HEALTH & SAFETY**

# My Wellbeing, Health & Safety

Safety starts with each of us:

- No business objective will take priority over health and safety
- Most incidents are preventable
- While management have ultimate accountability, each of us is responsible for our own health & safety as well as that of our colleagues, patients, visitors and

#### contractors

- Every individual should feel safe in their workplace
- It is everyone's responsibility to work safely. This requires us to be proactive, flexible and resilient; anticipate hazards and events and:
- resolve risks and hazards yourself if that's the right thing to do
- speak up so that we can resolve this as a team
- report all health and safety concerns
- if you're not sure what to do refer to the relevant policy and procedure
- Our people prevent incidents and determine whether we work safely. Our people therefore are the solution to ensure as many things as possible go right, that we learn from events and adjust the way we work for the conditions. Staying safe only succeeds because individuals and teams adjust to and meet the conditions at work
- Each of us is responsible to take care of ourselves and each other so we can take care of others.

### Physical Attributes

We will make all reasonable efforts to provide a safe and healthy workplace for all, including persons with disability.

- Must be able to function in rapidly changing and demanding conditions when required.
- Hearing and speech sufficient to communicate clearly with patients and co-workers, monitor patient status and equipment, recognize impending emergencies relating to patients and equipment and hear emergency alarm.
- Absence of a health condition which could increase appointee's susceptibility if exposed to infections more frequently than usual
- Skin should not be fissured, scaly, cracked on hands, forearms, face or neck.
- The appointee must not have infection or colonisation with MRSA.
- The appointee must not have a health condition that will put others at risk.
- Manual dexterity sufficient to operate a variety of specialized equipment used within wards/departments at Whanganui Hospital as required, including the use of clerical items including personal computers.
- Visual ability sufficient to read, write/record, operate equipment, monitor equipment and patient status enabling accurate performance of essential job duties

#### Triysical Attributes

Approved:	Manager	Date	
Accepted:	Employee	Date	